



Register here
or
ajoyes@forresthill.school.nz

Te Wānanga ō Forrest Hill School

Rātapu/Sunday 18th Mei/May - 9.00am – 12.00pm

Forrest Hill School. 50 Forrest Hill Rd, Forrest Hill

Forrest Hill School Community

Seize this opportunity to grow your knowledge of Mātauranga.

Come and learn, discuss and share knowledge in a friendly and inclusive space

4 workshops available - Limited Spaces - Registration essential

Koha appreciated

Session 1

9.30- 10.20am

Wānanga 1

Rongoā Māori – Kawakawa Balm
Mihirau/Room 24

Wānanga 2

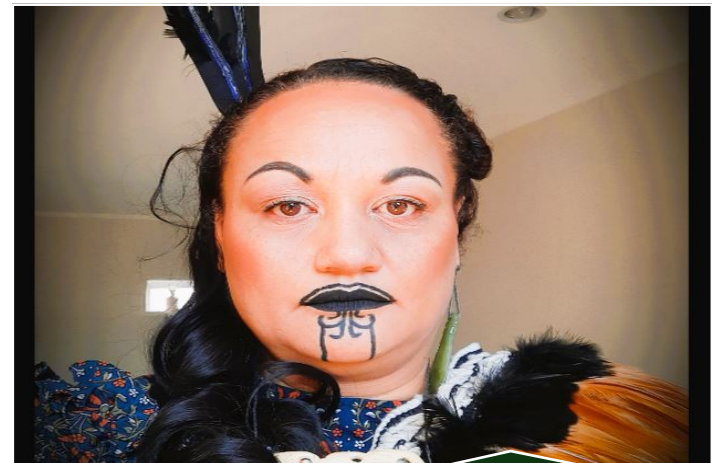
Mihi Pepeha made Friendly
Room 23



Rongoā Māori - The Power of Kawakawa

Mrs Wiki Leslie

Māori medicine in the form of Kawakawa balm. Learn the tīkanga behind it, the process of making it and the benefits of a Mātauranga Māori approach to wellbeing.



Pepeha for Everyone: Sharing Who We Are.

Ms Sueanne Clarke.

Sueanne will guide participants through pepeha—a cultural practice connecting us to place, people, and identity—and ways we can all engage meaningfully.

Session 2

10.30- 11.20am

Wānanga 3

Korowai
Mihirau/Room 24

Wānanga 4

Stories of Tāmaki Mākaaurau
Room 23



Korowai

Lynette White

Lynette will share the art of raranga (weaving) and the cultural and spiritual meaning behind her creations and the craft of korowai.



Stories of Tāmaki Mākaaurau.

Matua Tawera Akehurst.

Celebrate the stories of Tāmaki Mākaaurau. Find out how Rangitoto moved from the Waitakere Ranges to the Waitematā Harbour. Stories of the Patupaiarehe, Turehu and other little known pūrakau from Tāmaki Mākaaurau.

Whānau Ngāhou/Family Fun

9.30 - 11.30am

Kai/Food

Coffee/Tea
Sausage Sizzle
Boil-up and Fry Bread
Raffles

Kēmu/Games

Tapuwae
Poi, Rākau
Board games
Singing

For more information or to register contact Aaron Joyes: ajoyes@forresthill.school.nz